



**TOUR OPTIONS FOR**

**ICEAA – IEEE APWC**

**CAPE TOWN**

**02 – 08 September 2012**



# OPTIONAL TOURS FOR ACCOMPANYING PERSONS

## HALF DAY TOURS

### ROBBEN ISLAND

08h30 : Depart the hotel

For nearly 400 years, Robben Island, 12 kilometres from Cape Town, was a place of banishment, exile, isolation and imprisonment. It was here that rulers sent those they regarded as political troublemakers, social outcasts and the unwanted of society. Those imprisoned on the Island succeeded on a psychological and political level in turning a prison 'hell-hole' into a symbol of freedom and personal liberation. Robben Island came to symbolise, not only for South Africa and the African continent, but also for the entire world, the triumph of the human spirit over enormous hardship and adversity. Sail for 30 minutes on the Robben Island ferry, then join a tour of the prison and the island. The guides are former prisoners from earlier days.



13h00 : Arrive back at the hotel

### TOWNSHIP VISIT

09h30 : Depart the hotel

This tour is very much an interactive experience. Guests visit community projects where guests have a chance to chat to the locals and purchase goods that have been handmade. All of the projects are specific self-help projects that over the years have seen unskilled and uneducated men & women learn skills and a trade that then enables them to earn a living. The inclusion of tourism into the townships has been of great benefit to the communities as this has created employment and entrepreneurial opportunities for the locals. Through these visits to the townships the communities are involved in tourism as opposed to otherwise being left on the periphery. The tour is “food for thought”, as despite the poverty, the power of the community and the spirit of enterprise shines through, leaving one with a feeling of hope.



12h30 : Arrive back at the hotel

## KIRSTENBOSCH BOTANICAL GARDENS

09h30 : Depart the hotel

The guests will be transferred from their hotel to the Kirstenbosch National Botanical Garden for the morning.

Kirstenbosch National Botanical Garden, which was founded in 1913, is world-renowned for the beauty and diversity of the Cape flora it displays and for the magnificence of its setting against the eastern slopes of Table Mountain. It grows only indigenous South African plants and supports a diverse fynbos flora and natural forest. The cultivated garden displays collections of South African plants, particularly those from the winter rainfall region of the country.



Guests will be taken on an expertly guided tour of the Garden to discover the beauty and opulence of the Cape flora and have the opportunity to view and discover rare plants nearly lost to extinction.

The morning will be rounded off with Tea, Coffee and refreshments being served at the Silvertree Restaurant in the beautiful setting of the Gardens, before being transferred back to the guests' hotels.

12h30 : Arrive back at the hotel

## CAPE MALAY COOKING EXPERIENCE

09h00 : Depart the hotel

10h00 : The adventure begins at the Bo-Kaap Museum, where small intimate groups of 10 people will meet to enjoy the photo exhibition, and get a feel for the history and tradition of the area. Your guide will lead you on a leisurely stroll through some of the more historic streets, giving you a chance to appreciate the extraordinary collection of pre-1840 architecture that resulted in this area being declared a national monument. Then it's time to follow our noses towards the scents of ginger, coriander, cardamom, cinnamon, and chilli which drift tantalisingly from the storefronts and cafés, as we shop for ingredients to make a typical Cape Malay dish.



It's "hands-on" during the informal cooking workshop which follows in a Bo-Kaap family home. Guests learn how to mix Masala, fold Samoosas, and how to balance the delicate flavours of a Cape Malay curry. Over a mug of faloodah (a traditional, lightly rose-scented milk drink) our hostess and cooking instructor will tell you more about the ways in which food, history and religion are interwoven in the Bo-Kaap culture. Then it's time to sit back, relax, and appreciate your handwork as you dig in to a full course traditional Malay Meal.

12h30 : Depart Bo-Kaap

## CITY TOUR

09h00 : Depart the hotel

10h00 : To get a taste of the thriving centre of the Mother City, a Cape Town city tour is not to be missed. Situated in the middle of Cape Town, the city lies in the shelter of Table Mountain. Here you will find a number of the Cape's top attractions, from the imposing Castle of Good Hope to the colourful cottages of the Bo Kaap, the bustling Green Market Square, South African Museum and beautiful Company Gardens and plenty more



The tour of the City takes guests past Lion's Head to Signal Hill with its dramatic views of Cape Town, Table Bay, Robben Island, Sea Point and Camps Bay. Signal Hill was first used as a semaphore post for communicating with ships at sea and is still home to the Noon Day Gun which is fired at midday every day except Sunday. Also included on the tour is the Castle of Good Hope, the oldest surviving building in South Africa, dating back to 1666 and home to the Castle Military Museum. The tour continues past the Grand Parade and City Hall to take in the South African Cultural History Museum which is housed in a former slave lodge. The tour passes through the colourful Bo-Kaap or Cape Malay Quarter with its quaint buildings and cobbled streets, before returning to the hotel.

12h30 : Return to Hotel

## FULL DAY TOURS

### CAPE PENINSULA TOUR



#### POINTS OF INTEREST:

Hout Bay, Seal Island Cruise, Chapman's Peak Drive, Cape Point Nature Reserve, Cape Point, Boulders Penguin Colony, Kalk Bay

#### TOUR DETAILS:

- Date : Daily
- Departure Time : 08h30
- Arrival Time : 17h00
- Departure Point : Conference Hotel

#### TOUR DESCRIPTION

The Cape Peninsula is the thin finger of land in the south-western most corner of Africa with the city of Cape Town at its head. As you travel south towards Cape Point and the Cape of Good Hope, the land gets narrower until the great Indian and Atlantic Oceans combine into one vast southern ocean, with nothing beyond except Antarctica.

Experience some of the most spectacular views in the world. The tour begins with a scenic drive along the Atlantic coast passing through the fishing village of Hout Bay. Guests will depart from the Hout Bay Harbour on a cruise where guests will visit Duiker Island home of the Cape Fur Seals and then travel further along the Kabonkelberg Mountain range to Moari Bay to view the Shipwreck of the Boss 400 which ran aground in 1995 in one of our Cape winter storms. At the time of the disaster the ship was one of the strongest crane barges in the world.

The tour then heads along Chapman's Peak Drive on to town of Noordhoek. From there, guests will continue to Cape Point and the Cape of Good Hope Nature Reserve.

Cape Point Nature Reserve is perhaps the most scenically spectacular park in South Africa. It stretches over the buckling, fynbos-covered hills of the Cape Peninsula to the dramatic Cape of Storms. Cape Point itself is one of the greatest landmarks in the world, jutting like a rocky knife into the broiling Atlantic Ocean. It was here that Bartholomew Diaz, the Portuguese navigator, first rounded the Cape in 1488, searching for a trade route to India and the East. The large stone cross in the reserve commemorates his achievement.

From there the guests travel to False Bay and return to Cape Town by way of the Simon's Town naval base where they will visit the Penguin colony at Boulders Beach. Travel via Fishhoek fishing village and Muizenberg back to the Hotel

#### PASSENGER INFORMATION:

- Duration : Full Day
- Vehicle : Air Conditioned Coach to suit the group size
- Included : Transportation, English Speaking Guide, Sightseeing as per the itinerary, Entrance fees
- Excluded : Gratuities, items of a personal nature, drinks, any additional extras, lunch
- Activity Level : Low

## CAPE WINELANDS TOUR



### POINTS OF INTEREST:

Stellenbosch, Franschoek, 2 x Wine Estates

### TOUR DETAILS:

- Date : Daily
- Departure Time : 08h30
- Arrival Time : 16h30
- Departure Point : Conference Hotel

### TOUR DESCRIPTION

Stellenbosch forms the heart of South Africa's wine industry; Stellenbosch is a place of great beauty and culture that's steeped in South African tradition.

Guests depart the hotel and travel towards the Historical town of Stellenbosch. On arrival in the town, guests will have an opportunity to wander through the streets and do some shopping. The backdrop of the Hottentots Holland mountains, the white gabled Cape Dutch homesteads and the oak lined streets and lanes all blend in to give Stellenbosch a charm that will not be easily forgotten. The heart of the town lies somewhere near the oak-lined Dorp Street. With its venerable old buildings, this is the University's main thoroughfare, where modern student life sits comfortably side by side with the history and architectural heritage.

Guests will continue to nearby wine estates for 2 wine tastings and a cellar tour.

Guests will continue to the picturesque town of Franschoek. World renowned for its spectacular beauty, superb Cape wines and world class restaurants...the village of Franschoek is a definite must-visit destination on any trip to the Western Cape of South Africa.

Founded in 1688 by French Huguenots, the scenic gem nestles in a rich and fertile valley...between glorious towering mountains, right in the beautiful Heart of the Cape Winelands.

Guests will be at leisure for lunch at any of the numerous cafes and restaurants in the Main Street.

Afterwards, guests will return to the hotel.

### PASSENGER INFORMATION:

- Duration : Full Day
- Vehicle : Air Conditioned Vehicle to suit the group size
- Included : Transportation, English Speaking Guide, Sightseeing as per the itinerary, entrance fees
- Excluded : Gratuities, items of a personal nature, drinks, any additional extras, lunch
- Activity Level : Low

## CONCLUSION



We trust the above information will be of some assistance and we can gladly tailor make this program to suit your needs. We look forward working with you in bringing this event to South Africa.

*“You don't have to learn to love Africa.  
All you have to do is see it.”*